



High Yellow Belt

Poomse: What is the meaning of Taegeuk Ee Jang?
It represents inner firmness and outer softness

Terms: Stances

Front Stance	Ap Sohgi
Back Stance	Dwi Koo Bi Sohgi
Horseback Stance	Juchoom Sohgi
Sparring Stance	Kyorugi Sohgi

Blocks

Low Block	Ahrae Mahki
High Block	Ul Gool Mahki
Inside Block	Ahn Mahki
Outside Block	Bah Kat Mahki